



PROGRAM



DAY 1 FRIDAY



TIME SCHEDULE

RACE CAMP ACTIVITY

13.00 – 14.30

SKI TRAINING GROUP 1 & 2

15.00 – 16.30

SKI TRAINING GROUP 3 & 4

DAY 2 SATURDAY



TIME SCHEDULE

RACE CAMP ACTIVITY

1 SESSION

SKI TRAINING

1 SESSION

TRAMPOLINE TRAINING

1 SESSION

ICE CLIMBING

1 SESSION

PLAY IN SNOW DOME

THERE IS SKI TUNING CLASSES FOR THE PARENTS.

DAY STARTS AT 10.00.

TOTAL OF 4 GROUPS.

LUNCH AND DINNER WITH LUCAS ON SATURDAY

LUCAS HOLDS A SPEECH DURING THE DINNER.

DAY 3 SUNDAY



TIME SCHEDULE

10.00 – 11.30

12.00 – 13.30

RACE CAMP ACTIVITY

SKI TRAINING GROUP 1 & 2

SKI TRAINING GROUP 3 & 4